

Benefits of Organic Dog Food

Dogs with Wings Assistance Dog Society | January 2015

The new year is upon us and many of us are making resolutions for self-improvement and quality of life. Maybe this year you also include your dog. More and more dog owners are choosing to feed their canine friends organic or healthier dog food. Much like human food, dog food has to meet a strict set of standards in order to be labeled as organic, whereas normal pet food simply has to meet a minimum nutrition requirement. There are great benefits to the better quality of this food, here are a few of them:

Higher Priced, but Higher Nutrition and Often Less Food

Often times people who want to feed their dog organic food change their minds on the basis of sticker price.

While it's true that organic food is usually pricier than what you'll find at the grocery store, your dog will need to eat less of it to get the nutrients that he needs.

This is because organic food has fewer of the fillers and "empty calories" that other foods are prone to having.

Realistically, if you can't afford it, maybe you simply buy organic for him every other month, or for one month, or 2-3 months out of the year, or some other simple commitment. Just ensure it's a period of time to get the greatest effects.

Fewer Digestive Problems

Many standard dog foods today contain fillers such as corn which are difficult for dogs to digest. Organic dog food is closer to a dog's natural diet, which his digestive system has evolved to eat over millions of years. Feeding your dog a diet closer to what he eats in nature will lead to much fewer digestive problems. Remember, going to the washroom is often a good thing as he's adjusting to healthier food. But still be aware of your dog's wet food mixture.

Fewer Allergy Problems

Many common additives are known to cause allergies in dogs, because the diet is not a natural one for them. The fewer the number of additives and fillers in a diet, the less likely your dog is to develop a food allergy.

Immune System Boost

You may have heard your doctor tell you that you should get most of your vitamins and minerals from actual healthy foods, rather than from a multivitamin or supplement. The same goes for dogs. A dog on an organic diet will be healthier and better equipped to fend off infections.

Safe Foods: Foods labeled organic are strictly regulated, and cannot contain any pesticides, artificial flavors, colors, or preservatives, synthetic growth hormones, antibiotics, or genetically modified organisms. When you feed organic food to your dog, you can be sure his food won't be contaminated with anything that is questionable or potentially unsafe.

If you think it might be time for your own dog to make the switch, you can also talk to your veterinarian about what foods he or she recommends.

Thanks to all of these benefits and many more, dog owners are increasingly opting to feed their dogs organic food. Maybe this year you give it a try.

About Dogs with Wings:

Dogs with Wings is a leader in the international community of assistance dog training schools. The organization exists to serve people with disabilities. They work collaboratively, and in partnership with other organizations that provide assistance dogs to people with disabilities.

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